



March Offer 2025

Blossom and Bloom (75mins)

A sweet orange and lemongrass body scrub followed by a soothing orange and neroli body balm application, completed with a hydrating face mask enriched with hyaluronic acid, hot oil scalp and foot massage.

Access to Steam room, Sauna & Outdoor Hot Tub
Two-Course Lunch in The Brasserie

All for just €155 per person

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



April Offer 2025

Rose Quartz Cleansing Massage Ritual (90 mins)

A relaxing full- body massage using rose quartz mushrooms as massage tool to bring relief to general aches and pains in the body, also includes a warm hair and scalp massage.

Access to Steam room, Sauna & Outdoor Hot Tub

All for just €160 per person

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May Offer 2025

BIOME Facial (60mins)

The BIOME Facial uses probiotic-rich plant nutrition, lymphatic drainage, and therapeutic massage techniques to calm inflammation, reinforce the skin barrier, and promote long-term healthy skin.

Access to Steam room, Sauna & Outdoor Hot Tub

All for just €125 per person

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